

May 2010

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making WAVES

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WOMEN ON WAVES

surf talk

**Monster
Honker
Heavies
Gnarly
Hairy
Mondo**

of epic proportions, massive, big waves, a wave that can make bad words flow from your mouth, when you wished you had updated your will and spoken nicely to your children before heading off for your board meeting.

Zipper

fast breaking wave

pounder cruncher

I am sure you have guessed ...



Big Bay storm pounding foamees

WOWees reaching new heights

Winter is here and so is the swell. This month we have had some seriously hardcore sessions with rain, wind, fog and big, big swell. We have also had more than our fair share of laughter and enough adrenaline flowing through our veins to power a few light bulbs. We started out with *ankle snappers*, moved through *the body crunchers* and are now into the *heavies*. Making it out to the back, when it is a *gnarly 6ft*, leaves little time to relax or to enjoy the view. Even the fittest amongst us, were huffing like steam trains. Seeing a fellow WOWee at the bottom of a wave as you paddle over the top of a 6ft wave, makes your heart jump straight out of your body and you begin to think, perhaps we are loosing our minds.... (see last advert at the bottom of this page, on how you can support a really good cause.) But, oh what a rush it is, when you manage to tame one of these *honkers*, skim along it's face and then become airborne before you smack back down onto your board! And, it is having these experiences, that make us want to paddle out again and again towards the next *mondo* thriller.

Underwater camera coming soon...so our gallery at www.wowees.com will be seeing it all!

minding manners - what's cool and what's not so cool

Now that we are making it out to the back, we are finding we are in the company of fellow wave riders and so it might be an appropriate time to look at the surfers' code of ethics. Yes, there are rules and they are not always obvious to the new thrill rider. To avoid being in a riders way, always try to paddle out wide and over the shoulders of the waves. If you are caught inside, aim for the white-water. If you are

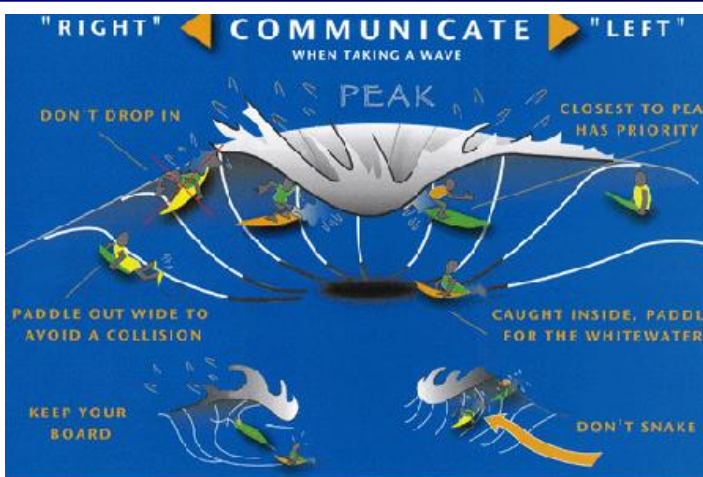
directly underneath a rider who is taking off, (this should never happen), say *sorry* A LOT and cover your head as you duck deeply. When you take off on a wave, try to communicate which way you are going - left, right or wiggledy piggledy. NEVER EVER drop in - the rider closest to the peak has the right of way and no begging/smiling can change this.

Don't try to snake your way into being closest to the peak either. (Not sure how this is done, we will have to watch and see if there are any *snakers* out there.) Talking animals, don't be a wave hog - hogging all the waves.... not cool. OH and lastly, never whooped at another surfer's cool tricks. You are sure to get an odd stare. These are the rules when considering non-WOWees in the water. However, when it comes to fellow WOWees - the code of conduct is quite different...

Dropping in is encouraged - the more up on one wave the better. In fact, if you do manage to manoeuvre yourself on top of another WOWee - you have pulled off our special *buttee* trick and you get a free coffee at Eden Café. (Not really, but maybe we need to speak to management about that.) Do keep your eyes open when taking off. Closing them makes *you* feel safer, but it could be dangerous if another WOWee who is paddling out doesn't have her safety helmet on. Be aware who is around you, so you know whether you can throw your board or not, otherwise helmets *will* be replacing the newly bought hoodies. Oh and finally, feel free to smile, shout, whoop or holla at the WOWees as we fly past ... we love it! See ya in da wata!

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SUPs in the PIPELINE


Have you been eyeing out a SUP and been wanting to give it a try?

Now is your opportunity! Gigs from [SURF ZONE](#) @ Eden on the Bay has kindly offered to sponsor the **WOWees** for a morning and show us what a Stand Up Paddle Board is all about! All you need is your wetsuit and he will provide the rest. We will be going out *soon*, so check your email on Sunday evenings to see if the swell is cooperating. If however, there is more than a ripple out in Big Bay, we will head off to Small Bay - promise! Come and join us, as the WOWees try out SUPs. Yeah baby Yeah!



Having attended previous events put on by the women2women clan, we can highly recommend attending this one. It's a good way to spend the morning: giggling with the girls, sipping some bubbly and knowing that you are supporting a really good cause too!

So join our WOWees table or gather a group and book a table NOW!
Phone Kim on 082 653 1729 or kvs@telkomsa.net Everyone WELCOME.



Date: Saturday, 12 June 2010

Time: 08h30 for 09h00 to 11h30

Venue: The Theatre @ Elkanah
85 sunningdale drive, sunningdale

Cost: R220 per person

Includes: Glass of bubbles, Breakfast, Guest Speakers, Mind Games Give-aways, Auction, Winter Fashion Show, Interpreting Dreams, Gift Bag

Beneficiary: Alzheimers SA

Contact: Kim 0826531729 or Amelia 0824433583

Banking Details: Woman2Woman
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